

CREEKSIDE SUMMER **STRENGTH TRAINING**

All students interested in attending summer weight training sessions, please see the info below!



What you need to know:

- **Cost:** \$150
 - [Online: http://worktowinfootball.com/all-sports-sc/](http://worktowinfootball.com/all-sports-sc/)
 - Cash
 - Check payable to “Work to Win Football”
- **When:** Mondays, Tuesdays, and Thursdays (10-11am)
 - June: 8,9,11,15,16,18,22,23,25
 - July: 13,14,16,20,21
- **Where:** Creekside High School Weight Room
- **Who:** All Current CHS Students

**If you have any questions, please
email Coach Canterbury –
Micah.Canterbury@stjohns.k12.fl.us**