

CREEKSIDE SUMMER **STRENGTH TRAINING**

All students interested in attending summer weight training sessions, please see the info below!



What you need to know:

- **Cost:** \$150
 - [Online: http://worktowinfootball.com/all-sports-sc/](http://worktowinfootball.com/all-sports-sc/)
 - Cash
 - Check payable to “Work to Win Football, LLC”
- **When:** Mondays, Tuesdays, and Thursdays (10-11:30am)
 - June: 3,4,6,10,11,13,17,18,20,24,25,27
 - July: 8,9,11,15,16,18
- **Where:** Creekside High School Weight-room
- **Who:** All current CHS Students
- **Need:** Signed Waiver from *WorkToWinFootball.com*, Athletic Clothes, Athletic Shoes

If you have any questions, please see or email Coach Canterbury – Micah.Canterbury@stjohns.k12.fl.us