

# **CREEKSIDE SUMMER** **STRENGTH TRAINING**

**All students interested in attending summer weight training sessions, please see the info below!**



## **What you need to know:**

- **Cost:** \$125
  - [Online: http://worktowinfootball.com/all-sports-sc/](http://worktowinfootball.com/all-sports-sc/)
  - Cash
  - Check payable to “Work to Win Football”
- **When:** Mondays, Tuesdays, and Thursdays (10-11am)
  - June: 6,8,12,13,15,19,20,22,26,27,29
  - July: 10,11,13,17,18,20,24,25
- **Where:** Creekside High School Weight-room
- **Who:** All current CHS Students

**If you have any questions, please  
email Coach Canterbury –  
Micah.Canterbury@stjohns.k12.fl.us**